

**Activity Handbook of Information for
Students and Parents
of Leyton Jr. High & High School
2018-2019**

Mascot
Warriors

Colors
Cardinal and Gold

School Song

There is no place like Leyton
Good ol' Leyton High
Where the girls are the sweetest
The boys are the neatest of any
ol' place that I know.

There is no place like Leyton
That just goes to prove
that we all stand together
in all kinds of weather
at good ol' Leyton High.

CHEER:

Beat 'em, Bust 'em, Beat 'em, Bust 'em
That's our custom
We go, we fight, we go, fight, WIN!

**Leyton High School
Administration**

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Leyton Board of Education

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Italics are changes from 2016-17

EXTRACURRICULAR ACTIVITY PHILOSOPHY

Student participation in extracurricular activities has been linked to improved attendance, higher academic achievement, and greater student self-confidence and self-esteem. Leyton Public Schools provides students with the opportunity to participate in a comprehensive activities program that includes athletics, fine arts, and select clubs or organizations associated with academic areas.

Although the school district believes strongly in the value of student activities, participation in the activities program is a privilege, not a right. Students must obey the rules set out in this handbook and any additional rules created by their coach or activity sponsor. This handbook is advisory and does not create a “contract” with parents, students, or staff. The administration reserves the right to make decisions and make rule revisions at any time to implement the educational program and to assure the well-being of all students. The administration is responsible for interpreting the rules contained in the handbook. If a situation or circumstance arises that is not specifically covered in this handbook, the administration will make a decision based upon all applicable school district policies, and state and federal statutes and regulations.

Please read this handbook carefully. Students and their parents are responsible for complying with all of the rules and procedures detailed in this booklet.

Parents must sign the acknowledgement and permission to participate form at the end of this handbook before their student will be permitted to participate in the activity programs of the district.

The provisions in this handbook are subject to change at the sole discretion of the Board of Education. From time to time, you may receive updated information concerning changes in the handbook. These updates should be kept within the handbook so that it is up to date. If you have any questions regarding this handbook, please contact the Superintendent for assistance.

SECTION ONE:

GENERAL INFORMATION ABOUT THE ACTIVITIES PROGRAM

ACADEMIC ELIGIBILITY

To be eligible to participate in the school's activity programs, each student must (1) meet Nebraska State Activities Association (NSAA) requirements concerning scholastic eligibility (see Section Three of this Handbook), (2) be registered for 10 credit hours per semester and be in regular attendance, and (3) have not less than a 70% grade in one class or less than a 77% in two or more classes for a period of one week to remain eligible to participate in any portion of the activities program. Participants must attend practices and participate in all conditioning during any period of ineligibility.

The school district will notify a participant and his or her parents whenever the participant is declared academically ineligible.

Students may not participate in any activity, performance or practice while serving a short-term suspension, long-term suspension, or expulsion from school.

ALCOHOL, TOBACCO AND DRUGS

Students in the various activities will abstain from the use or possession of alcohol or tobacco (including e-cigarettes), possession or use of illegal drugs or other controlled substances. Any violations of this policy will result in penalty. Failure to conform to this standard may result in suspension from any activity** the school sponsors for - 1st offense, 5 activities unless there has been an admission within 48 hours of the infraction, then 3 activities - 2nd offense, 7 activities unless there has been an admission within 48 hours of the infraction, then 5 activities. Any suspensions not completed in the current semester will carry over to the next semester. All infractions are cumulative. Infractions seen by any faculty/staff member or any employee will be reported and dealt with.

Any recognition honors that have been earned prior to suspension will be granted (all conference medals, letters, etc.). Letters are not earned until a student has completed the season in good standing.

OUT OF SCHOOL VIOLATIONS OF THE LAW

Students arrested for "minor in possession" or for other crimes resulting from their non-abstention and/or possession of alcohol, tobacco (including e-cigarettes), drugs, or other controlled substances, or pleads guilty or is found guilty of a felony or misdemeanor crime, other than traffic violations, during the school year, may not be permitted to participate in any activity the school sponsors for (first offense) 5 activities unless there has been an admission on the part of the student involved to school authorities, then 3 activities and on the second offense, 7 activities or 5 activities with an admission. Any activity suspensions not completed in the

current semester will carry over to the next semester. Dismissal of charges on a legal technicality will not influence the enforceability of activity and athletic rules. Infractions witnessed by any faculty/staff member or any school employee will be reported and dealt with

DUE PROCESS PROCEDURE FOR ACTIVITIES

The due process procedure recognizes the rights of individuals and will be used in determining suspension or exclusion from any of the activities of the school. The head coach or sponsor is responsible for initiating the due process procedure when a violation of the activity rules and regulations occurs, but it may be initiated by the administration.

The following procedure will be used in regard to students participating in the activities of the school when a violation of the rules and regulations occurs. In the event of the admission of guilt, the requirements of due process are significantly reduced.

1. Rules and regulations should not be discriminatory and must be related to the activity.
2. Advance notification of all rules and regulations and penalty if rules and regulations are violated.
3. In the event of an alleged out of school infraction, the principal will investigate.
4. If a student admits to an infraction of the rules to a coach, activity sponsor or administrator, further investigation may be unnecessary. The student, by admitting to the infraction, accepts the consequences imposed for the infraction.
5. If an investigation discloses the probability of an infraction, a hearing will be held within 5 school days. Notice of the hearing will be given to the student. The notice will contain an outline of the infraction. Witnesses may testify, the student will be given an opportunity to confront such witnesses; the student may have counsel if he so desires. The student will be given the opportunity to call witnesses.
6. A statement of the findings from the hearing will be provided to the student and parents.
7. A recommendation will be made on the case and the principal will notify the student and the parents of the decision.
8. If the parents and student are not satisfied with the findings, a second hearing may be held with the next highest administrative level (Superintendent) or Board of Education. This must be in writing and within fourteen (14) days of the notification of the decision of the first hearing.
9. If such hearing is held, the same procedure of numbers 5, 6, and 7 will be followed.
10. If parents and student are not satisfied with the results of this hearing, they may consult with an attorney and appeal the finding to the next highest legal authority.

DUE PROCESS REQUIREMENT

Any student accused of a violation of law or Leyton School policy will have the right to an informal hearing to contest the charge. The student's parents or guardians will be informed of the time, place, and date for such a hearing and it will be held as soon as possible after the charges are made. A formal hearing may be requested by the student or the parent/guardian of the student. All formal hearing processes will be followed. Any recognition honors that have been earned prior to suspension will be granted (all-conference medals, letters, etc.) Letters are not earned until a student has completed the season in good standing.

DISTRICT ELIGIBILITY/ PROGRESS REPORTS

Keeping eligibility is the responsibility of the student at Leyton Public Schools. All student participants in school sponsored/NSAA sanctioned activities will have grades checked at weekly intervals. Leyton Public Schools' student eligibility, based on academic progress, will be determined as follows:

If a student is ineligible at the end of a quarter, or weekly basis, then he or she will remain ineligible until progress is checked again. After the *second (2nd)* week of any quarter, progress will be checked for eligibility purposes and grade program reports generated weekly on Friday, until the end of the quarter. Students will be ineligible for an activity if they have:

1. One F
2. Two D's

The ineligible list will be made and go into effect the following Monday or next school day.

Students and parents may check grades online via the GO.Edustar website. Please contact the office if you need help obtaining the necessary log-in information.

Students and parents may check grades continuously online via the GO.Edustar website. Please contact the office if you need help obtaining the necessary log-in information.

ATTENDANCE AT PRACTICES AND GAMES

Participants in the activities program are expected to attend and be on time at all practices and meetings scheduled by the coach or sponsor. Participants may be excused for absences resulting from a participant's illness, a death in the family, a doctor's appointment, a court appearance, or other absences that are arranged in advance. The coach, sponsor, or director of an activity may require a participant who has an excused absence to complete an alternate assignment for missing a practice, meeting, event, performance, or contest. A participant who is unable to attend a scheduled practice, meeting, or game must contact the coach or sponsor in advance. Students who are absent from school due to illness are not required to provide the coach or sponsor with additional notification of the student's absence from practice.

Students must be in attendance for four periods prior to the evening activity, unless prior arrangements have been made, or they may not be able to compete. Students with pre arranged absences, or if the school is notified of extenuating circumstances and is excused by the school administration, are exempt from the rule. Students with detention time for truancy or disciplinary reasons may be eligible to practice and compete at the discretion of the principal so long as the detention assigned is being served. A student who is truant may be excluded from participation in the next contest.

If a participant misses a scheduled contest or performance, the coach or sponsor may impose discipline up to and including suspension of the participant from the activity for the remainder of the season or length of the activity.

ACTIVITY TICKETS

High School students will be allowed into all home activities, excluding tournaments, free of charge. Gate prices are: Student \$4.00 and Adult \$5.00. Activity tickets are also available to Junior High and Elementary students for \$20.00; Adults for \$30.00; and families for \$90.00. Golden Age Passes are available to senior citizens (60 yrs.) free of charge. These tickets provide admission to any home athletic event, an assembly program, etc. They do not admit you into tournaments, out-of-town activities, or class money making events.

CLASS ORGANIZATIONS

Class sponsors will be appointed by the administration. *All classes will elect officers on the first day of school.* The secretary of each class will report, to the main office, the names of pupils elected to each office. Class dues will also be established by the majority vote of each class. The amount of the class dues must have the approval of the sponsors.

CLOSINGS

Unless the administration determines that it is permissible for the activity to continue as scheduled, all activities will be cancelled or postponed in the event that school has been called off for inclement weather or any other reason as determined by the administration. Unless the administration determines that it is permissible for the activity to continue as scheduled.

CHAIN OF COMMAND PROCEDURES

To reduce conflicts in the school's activities program, students and/or their parents should use district's formal complaint procedure to manage conflicts about the program.

The proper procedure for a parent or student to make complaints or raise concerns is to begin with the school employee who is most immediately or directly involved in the matter, as illustrated in the complaint procedure set forth below. There are specific procedures to address certain complaints or concerns, such as discrimination or harassment, bullying, disciplinary actions. Those procedures should be used where applicable.

1. Chain of Command procedure

Step 1. Schedule a conference with the staff person most immediately or directly involved in the matter. *(Parent may request Counselor or Principal attend this meeting)*

Step 2. If Principal did not attend meeting in Step #1, address the concern to the Principal if the matter is not resolved at Step 1.

Step 3. Address the concern to the Superintendent if the matter is not resolved at Step 2.

Step 4. Address the concern to the Board of Education if the matter is not resolved at Step 3.

2. Conditions Applicable to All Levels of Complaint Procedure

All information to be considered at each step should be placed in writing in order to be most effective. Action or decisions will be expedited as quickly as possible, typically within ten (10) calendar days, depending on the nature of the complaint and the need for prompt resolution.

CONCUSSION AWARENESS

The Nebraska Unicameral has found that concussions are one of the “most commonly reported injuries in children and adolescents who participate in sports and recreational activities and that the risk of catastrophic injury or death is significant when a concussion or brain injury is not properly evaluated and managed.”

The School District will:

a. Require all coaches and trainers to complete one of the following online courses on how to recognize the symptoms of a concussion or brain injury and how to seek proper medical treatment for a concussion or brain injury:

- Heads UP Concussions in Youth Sports
- Concussion in Sports—What You Need to Know
- Sports Safety International
- ConcussionWise
- ACTive™Athletic Concussion Training for Coaches; and

b. On an annual basis provide concussion and brain injury information to students and their parents or guardians prior to such students initiating practice or competition. This information will include:

- 1 The signs and symptoms of a concussion;
- 2 The risks posed by sustaining a concussion; and
- 3 The actions a student should take in response to sustaining a concussion, including the notification of his or her coaches.

A student who participates on a school athletic team must be removed from a practice or game when he/she is reasonably suspected of having sustained a concussion or brain injury in such practice or game after observation by a coach or a licensed health care professional who is professionally affiliated with or contracted by the school. The student will not be permitted to participate in any school supervised team athletic activities involving physical exertion, including practices or games, until the student:

- a. has been evaluated by a licensed health care professional;
- b. has received written and signed clearance to resume participation in athletic activities from the licensed health care professional; and
- c. has submitted the written and signed clearance to resume participation in athletic activities to the school accompanied by written permission to resume participation from the student's parent or guardian.

If a student is reasonably suspected after observation of having sustained a concussion or brain injury and is removed from an athletic activity, the parent or guardian of the student will be notified by the school of:

- a. the date and approximate time of the injury suffered by the student,
- b. the signs and symptoms of a concussion or brain injury that were observed, and
- c. any actions taken to treat the student.

The school district will not provide for the presence of a licensed health care professional at any practice or game.

School officials shall deem the signature of an individual who represents that he/she is a licensed health care professional on a written clearance to resume participation that is provided to the school to be conclusive and reliable evidence that the individual who signed the clearance is a licensed healthcare professional. The school will not take any additional or independent steps to verify the individual's qualifications.

DROPPING OUT OF AN ATHLETIC ACTIVITY

If an individual drops or is released from an activity, he/she will forfeit his/her awards for that activity.

DANCES

School dances are part of the district's extracurricular activity program. Students who wish to participate in school dances must comply with the activity code. Students may be prohibited from participating in school dances as a consequence for violating school rules or these activity rules. Any organization wishing to sponsor a dance must obtain permission from the principal regarding date and times. Each dance must be sponsored by at least two faculty members and

one additional adult couple. Students who leave the dance will not be readmitted. Students who are academically ineligible will not be allowed to attend school dances.

HIGH SCHOOL DANCES

All high school dances are restricted to Leyton High School students and their guests. *Leyton students must complete a form with the Principal that their out of school guest are in good standing and eligible to attend functions at Leyton High School.* Students not in good standing with Leyton High School may not attend Leyton High School dances. A student who is currently under suspension from another school, who has dropped out of Leyton High School or has moved leaving an outstanding bill, is not in good standing. For all dances, students must stay in the building until the dance terminates. Anyone leaving the building before the dance is over will not be readmitted. School parties and dances for the junior high and high school are subject to administrative approval and restricted to students from Leyton School and registered dates. All high school dances will end at 12:00 A.M. Homecoming and Prom may last until 12:30 A.M. **No junior high or elementary students or person older than 20 years may attend high school dances.**

PROM/BANQUET DRESS CODE

Leyton administration and Prom sponsors may revise the Prom dress code on a yearly basis as fashion trends change. Students are encouraged to bring questions regarding Prom attire to the administration/sponsors prior to the event for clarification. Guests must follow all rules that the students must follow. Each student is responsible for his/her guest's conduct. Appropriate attire is required for these dances. No blue jeans, shorts, or T-shirts will be allowed at the banquet or dance for Prom. Black dress jeans will be acceptable.

These guidelines apply to any non-Leyton student or guest that may attend Prom at Leyton High School.

Prom/Banquet attire for boys:

- Young men are expected to wear formal evening attire that would include a tuxedo, suit with a tie, sport coat and slacks with a tie, or shirt, slacks and tie.

Prom/Banquet attire for girls:

- Young ladies are expected to wear formal evening attire.
- NO gown may be cut deeper than the sternum, or have skin showing below the bust line.
- Backs to gowns may be cut no lower than the top of the wearer's hips.

ELECTRONIC COMMUNICATION

The school board supports the use of technology by coaches, extracurricular sponsors, and other staff members to communicate with students for legitimate educational, extracurricular, and other school-related purposes. However, electronic communication between students and

teachers, sponsors, and coaches shall be appropriate at all times and shall not violate any law, district policies, or the Regulations and Standards for Professional Practices Criteria, commonly known as Rule 27 of the Nebraska Department of Education (“Rule 27”). Please see the Social Media Policy For School District Employees for further explanation.

EQUIPMENT

Each participant in the athletic portion of the activities program will be issued a locker to store his/her personal belongings and school equipment that has been checked out. *Students should use their athletic lockers for storing equipment and not leave it in the gym, on the bleachers, or hallways.*

School-owned clothing or equipment that is checked out to individual students remains the property of the school. The clothing or equipment is not to be used or worn by the student except for the intended use. Each piece of equipment or clothing is to be returned to the instructor or coach when the season or the use for such clothing or equipment is over. Each participant is responsible for all equipment checked out to him/her. Students will be assessed the replacement cost for school equipment that has been check out to him/her and is lost or stolen.

FUNDRAISING

All school-sponsored fundraising activities must be approved by a member of the school district administration. Fundraising for any activity must comply with the district’s policies, including applicable provisions specifically pertaining to Booster Clubs and PTOs for non-school-sponsored fundraising. *Use of the school mascot shall not be permitted unless approved by the superintendent.*

INDIVIDUAL TRAINING RULES AND RULES OF CONDUCT

Head coaches or sponsors may develop additional training rules or rules of conduct for their activity. Students are responsible for knowing these rules and complying with them.

INITIATIONS AND HAZING

Initiations and hazing by members of classes, clubs, athletic teams, or any other organization affiliated with the district are prohibited except as otherwise permitted by this policy. Any student engaging in hazing or non-approved initiations is subject to discipline as permitted by policy and law.

Initiations are defined as any ritualistic expectations, requirements, or activities placed upon new members of a school organization for the purpose of admission into the organization, even if

those activities do not rise to the level of “hazing” as defined below. Initiations are prohibited except by permission of the superintendent.

Hazing is defined as any activity by which a person intentionally or recklessly endangers the physical or mental health or safety of an individual for the purpose of initiation into, admission into, affiliation with, or continued membership in any school organization. Hazing activities include, but are not limited to, whipping, beating, branding, an act of sexual penetration, an exposure of the genitals of the body done with the intent to affront or alarm any person, a lewd fondling or caressing of the body of another person, forced and prolonged calisthenics, prolonged exposure to the elements, forced consumption of any food, liquor, beverage, drug, or harmful substance not generally intended for human consumption, prolonged sleep deprivation, or any brutal treatment or the performance of any unlawful act that endangers the physical or mental health or safety of any person.

INJURIES

Participants who suffer any type of injury while involved in extracurricular activities must notify the coach or sponsor immediately. The coach or sponsor will then evaluate the injury and, if necessary, notify the participant’s parents or seek immediate medical treatment.

If at any time during participation a doctor removes an athlete from participation because of an illness or injury, the athlete must have a written release from a doctor before participating again. The written release must be given to the coach or sponsor of the activity.

Note: The release requirement will be satisfied if the initial doctor’s order specifies the duration of the student’s restriction from participation and/or competition. Also see Concussion Awareness above.

INSURANCE

The school district does not provide medical or other insurance coverage for students who participate in athletic contests or other activities. It is the parents’ responsibility to provide adequate insurance to cover any medical expenses that may be incurred while the student is participating in athletics or other activities.

The school district makes an accident insurance plan available for purchase by participants and their families through an authorized insurance agent. Information about policies which families may purchase will be available prior to each sports season and at fall registration.

LETTERING REQUIREMENTS

THE LETTER “L”

The letter “L” is emblematic of achievement in all the activities of Leyton High School. One should wear the letter “L” with pride. One who wears this letter should conduct himself/herself in such a way as to bring honor to the individual as well as uphold the honor of the school and maintain the high ideas of the activity in which the individual lettered. Work hard to achieve your letter and then uphold the dignity of the letter every time you wear the jacket or sweater-the cardinal or gold letter “L”

L-Club

(Speech, One-Acts, Band, Chorus, Football, Volleyball, Boys/Girls Basketball, *Wrestling*, Boys/Girls Track)

Any boy or girl who earns a letter in any Leyton High School athletic or activity program is welcome to join. Students must earn a letter each year to become eligible. Eligibility will begin at the beginning of each school year. Coaches and activity sponsors are honorary members and will serve as official sponsors. The organization’s purpose is to help improve and promote athletics and activities in the high school.

Following are the standards one must attain in order to earn the letter “L” in each activity.

MUSIC:

BAND

Band will be available for students in grades 5-12. Students using a school instrument will be assessed a \$10.00 per semester rental fee. A uniform cleaning fee will be charged at the end of the school year.

Band:

To letter in band, one must be enrolled in band the entire year, maintain an A average, be in good standing as a music student and earn at least 75 letter points. Points can be earned in the following ways:

Audition for and honor band (10 points)

Participate in an honor band (20 points each)

Perform a solo or participate in a small ensemble at MAC or District Contest

(10 points, 15 if a “I” rating is earned.)

Participate in Basketball Pep Band (5 points each)

Perform on you instrument outside of school (10 points each, up to 3 performances)

Chorus:

To letter in chorus, one must be enrolled in chorus the entire year, maintain an A average, be in good standing as a music student and earn at least 60 letter points. Points can be earned in the following ways:

Audition for an honor choir (10 points)

Participate in an honor choir (20 points)

Perform a solo or participate in a small ensemble at MAC or District Contest
(10 points, 15 if a "I" rating is earned)

Perform outside of school. This can include singing in church, musicals, etc.
(10 points each, up to 3 performances)

Participate in show choir (20 points)

FOOTBALL:**Leyton Warrior Football****Point System**

A football letter may earned by competing in at least $\frac{1}{3}$ of the varsity quarters played during the regular scheduled season. A letter may also be presented by the discretion and recommendation of the coaching staff. Letters may be withheld on the recommendation of the coaching staff. Reason for such recommendation by the coaching staff may include, but are not limited to the following: failure to work in practice, poor attitude, failure to follow training rules, become academically ineligible and poor practice attendance.

Participants may earn bonus quarters to help with the lettering. Which are:

1. Competed in all JV games- 1 Varsity Quarter
2. Perfect Practice Attendance- 2 Varsity Quarters
3. Community Involvement/Fundraiser (Voluntary) - 1 Quarter
4. Summer Weights 22 days attendance (Voluntary)- 2 Quarters

BASKETBALL: To letter one must:

1. *Play in one more than $\frac{1}{2}$ of total quarters for regularly scheduled varsity games.*
2. *Consistent practice attendance.*
3. *Have the recommendation of the coach.*

VOLLEYBALL: To letter one must:

Participants must earn ten credits to letter in volleyball. The credits may be earned in the following ways:

1. Playing in a varsity match - each match is worth one credit.
2. Never missing a practice - earns four credits.
3. Starting three reserve matches - earns a maximum of four credits.
4. Be a senior who has participated in volleyball for four years.
5. Have the recommendation of the coach.

TRACK:

To letter one must: The following format will be used for lettering in track. It is based on participation and improvement in practice as well as in the meets. It is fair and works well for everyone involved. This format will challenge you to be the best track athlete you are capable of being without comparing you to other athletes.

POSITIVE POINTS:

Attend Practice	10 Points	
(and do proper warm up)		
Attend a Meet	10 Points	
Record a personal best performance (at meet)		20 Points
Participate in:		
1 event	5 Points	
2 events	10 Points	
3 events	15 Points	
4 events	20 Points	
Volunteer for an event at a meet	25 Points	
Set a new meet or school record	50 Points	
Points scored at a meet	Actual Point Total	

NEGATIVE POINTS:

Miss Practice (excused)	0 Points
Miss Practice (unexcused)	-30 Points
Not doing proper warm up	-10 Points
Cutting on workouts	-25 points
Miss a Meet (unexcused)	-50 Points
Ask out of an event at meet	-25 Points
Poor attitude or behavior	-25 Points
Leave track sweats	-25 Points
Lose school issued equipment	-50 Points
(Plus replacement costs)	
Not supporting teammates at a meet	-50 Points
(sitting on bus or in tent)	

You will need 500 points to letter. This seems like a lot, but if you are dedicated and work hard every day to improve, you will be rewarded with enough points to letter. With this system you can accumulate as many points as you wish.

SPEECH AND DEBATE COMPETITION: To letter one must:

1. Place 1 – 6 at a High School Varsity or JV Meet.
2. Attend at least two tournaments.
3. Have the recommendation of the coach.

ONE ACT PLAY PRODUCTIONS: To letter one must:

1. First or second Place at a One – Act competition
2. Individual Acting Award.

RELATIONSHIPS BETWEEN PARENTS & COACHES/SPONSORS

Both parenting and coaching are very difficult vocations. By establishing an understanding between coaches and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone.

Parents have the right to know the expectations placed on them and their children. Coaches and sponsors have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place.

Parents' Role in Interscholastic Athletics and Extracurricular Activities

Communicating with your children

- Make sure that your children know that win or lose, scared or heroic, you love them, appreciate their efforts and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person in their life they can look to for constant positive reinforcement.
- Try your best to be completely honest about your child's athletic ability, competitive attitude, sportsmanship and actual skill level.
- Be helpful but don't coach them. It's tough not to, but it is a lot tougher for the child to be flooded with advice and critical instruction.
- Teach them to enjoy the thrill of competition, to be "out there trying," to be working to improve their skills and attitudes. Help them develop the feeling for competing, for trying hard, for having fun.
- Try not to relive your athletic life through your child in a way that creates pressure. If they are comfortable with you win or lose, then they are on their way to maximum enjoyment.
- Don't compete with the coach. If your child is receiving mixed messages from two (2) different authority figures, he or she will likely become disenchanted.
- Don't compare the skill, courage, or attitude of your child with other members of the team.
- Get to know the coach(es). Then you can be assured that his or her philosophy, attitudes, ethics, and knowledge are such that you are happy to have your child under his or her leadership.
- Always remember that children tend to exaggerate, both when praised and when criticized. Temper your reaction and investigate before overreacting.

Communicating with the Coach

→ Communication you should expect from your child's coach includes:

- ◆ Philosophy of the coach
 - ◆ Expectations the coach has for your child
 - ◆ Locations and times of all practices and contests
 - ◆ Team requirements
 - ◆ Procedure should your child be injured
 - ◆ Discipline that results in the denial of your child's participation
 - Communication coaches expect from parents
 - ◆ Concerns expressed directly to the coach
 - ◆ Notification of any schedule conflicts well in advance
 - ◆ Specific concerns in regard to a coach's philosophy and/or expectations
 - Appropriate concerns to discuss with coaches:
 - ◆ The treatment of your child, mentally and physically
 - ◆ Ways to help your child improve
 - ◆ Concerns about your child's behavior
 - ◆ Injuries or health concerns. Report injuries to the coach immediately!! Tell the coach about any health concerns that may make it necessary to limit your child's participation or require assistance of trainers. Students are sometimes unwilling to tell coaches when they are injured, so please make sure the coach is told.
 - Issues not appropriate to discuss with coaches:
 - ◆ Playing time
 - ◆ Team strategy
 - ◆ Play calling
 - ◆ Other student-athletes (except for reporting activity code violations)
- Appropriate procedures for discussing concerns with the coaches:
- ◆ Call to set up an appointment with the coach
 - ◆ Do not confront a coach before or after a contest or practice (these can be emotional times for all parties involved and do not promote resolution)
- ◆
- What should a parent do if the meeting with the coach did not provide satisfactory resolution?
 - ◆ Call the athletic director to set up a meeting with the athletic director, coach, and parent present.
 - ◆ At this meeting, an appropriate next step can be determined, if necessary.

PRACTICES

The individual head coach or sponsor, in cooperation with the high school principal, will schedule all starting times of practices. All participants are expected to be ready at the time set by the coach or sponsor.

To be eligible to practice, a participant must satisfy the following requirements:

- 1. Submit to the coach or sponsor a signed physical form and Activities Code that verifies that a physical examination has been completed and that the student and parent(s) understand the school's position regarding the use or possession of alcohol, tobacco (including e-cigarettes) (including e-cigarettes), and other related drugs.*
- 2. Furnish the high school principal with proof of insurance.*

SECRET ORGANIZATIONS

Secret organizations are prohibited. School officials shall not allow any person or representative of any such organization to enter upon school grounds or school buildings for the purpose of rushing or soliciting students to participate in any secret fraternity, society, or association.

SPORTSMANSHIP EXPECTATIONS

Good sportsmanship is expected to be exhibited by all coaches, sponsors, students, parents and other spectators. The school can be punished by NSAA for a lack of good sportsmanship at NSAA sanctioned events. More importantly, activities are more enjoyable for the students when good sportsmanship is displayed.

Responsibilities of Spectators Attending Interscholastic Athletics and Other Extracurricular Activities

1. Show interest in the contest by enthusiastically cheering and applauding the performance of both teams.
2. Show proper respect for opening ceremonies by standing at attention and remaining silent when the National Anthem is played.
3. Understand that a ticket is a privilege to observe the contest, not a license to verbally attack others, or to be obnoxious. Maintain self-control.
4. Do not "boo," stamp feet or make disrespectful remarks toward players or officials.
5. Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
6. Know that noise makers of any kind are not proper for indoor events.
7. Obey and respect officials and faculty supervisors who are responsible for keeping order.
8. Respect the integrity and judgment of game officials.
9. Stay off the playing area at all times.
10. Do not disturb others by throwing material onto the playing area.
11. Show respect for officials, coaches, cheerleaders and student-athletes.
12. Pay attention to the half-time program and do not disturb those who are watching.
13. Respect public property by not damaging the equipment or the facility.
14. Know that the school officials reserve the right to refuse attendance of individuals whose conduct is not proper.

15. Refrain from the use of alcohol and drugs on the site of the contest.

PHYSICAL EXAMINATIONS

Any student interested in participation in interscholastic athletic competition must be examined by a physician prior to his/her participation. Each student who is participating in athletics must have a physician's certificate on a form prescribed by the N.S.A.A. or other acceptable form for activities, indicating that he/she is physically fit for student participation. This must be signed by the physician and parent prior to the time for the first practice. Failure to comply will result in the student being denied permission to practice or participate. Examinations must be scheduled and paid for by the student.

SAFETY

The District's philosophy is to maintain an activities program which recognizes the importance of the safety of the participants. To ensure safety, participants are required to become fully familiar with the dangers and safety measures established for the activity in which they participate, to adhere to all safety instructions for the activity in which they participate, to inform their coach or sponsor when they are injured or have health problems that require their activities be restricted, and to exercise common-sense.

STUDENT MANAGERS, HELPERS, OR ACTIVITY AIDS

Students wishing to serve as student volunteers for extracurricular activities must gain the permission of the activity coach or sponsor. Student volunteers must comply with all of the rules and procedures contained in this handbook.

SUNDAY AND WEDNESDAY NIGHT ACTIVITIES

In order to provide students sufficient time away from school for family-related activities, the school will endeavor not to schedule activities on Wednesday evenings or on Sundays. Practices will be organized so that all participants are showered, dressed, and/or leave the facilities by 6:15 p.m. on Wednesday nights. An exception to this guideline would be when a team, group of students, or an individual may be required to participate in an activity sponsored by the conference, district, or state on a Wednesday night.

The school does not allow Sunday practice sessions, except when a varsity team, group of students, or individual is scheduled to compete or perform on a Monday. Practices scheduled for a Sunday must have the prior approval of the activities director or building principal.

TEAM SELECTION & PLAYING TIME

“Team selection” and “playing time” decisions are the responsibility of the individual coach or sponsor of the activity. Consistent, however, with the purposes of the activities program, the coaches and sponsors shall follow the following established guidelines for team selection and playing time decisions, along with such other guidelines as each individual coach and sponsor may develop which are not inconsistent with these established guidelines:

1. School Representative. Student participants must demonstrate that they can and will represent themselves and their school in a manner which reflects the development of high ideals and appropriate values, which shall include good citizenship in the school and in the community.
2. Success. Student participants must demonstrate that they can make the activity program more successful, both from a standpoint of competitive success and success in promoting a positive school spirit. Characteristics for purposes of these criteria include the student's: (1) talent or skill, (2) desire to improve the student's own skills or talents as well as those of others in the activity, and (3) attitude of respect towards teammates, the coach, the school, and the community.

TRANSPORTATION

All participants are expected to ride to and from away activities by means of approved school transportation.

A participant may ride home with his or her parent/guardian only if the parent/guardian personally contacts the sponsor at the activity. A participant may ride home with an adult if the participant's parent/guardian has personally contacted the principal 24 hours prior to the activity and the adult personally contacts the sponsor at the activity prior to leaving with the student. Parents are discouraged from requesting to take their children home after an away contest or performance. Travel to and from an event provides time for the students to further develop a strong team concept.

PROPER DRESS FOR CONTESTS/ ACTIVITIES

Students will conform to the sponsor's request for game or contest day attire for school and/or travel, or they won't be allowed to travel or participate. Student dress code is enforceable for all activities at home or away. Concerts, Honors Night, Special Recognition Activities, etc. ,semi-Formal attire should be worn.

WEIGHT ROOM

The weight room has been developed to help each athlete, student, or adult in the community maintain a level of physical fitness. No one may use the weight room or equipment without proper supervision. The school will develop a schedule for use of the weight room by athletes during the school year and during the summer months.

The weight room is a high demand area within the school facilities. The following guidelines will help determine the priorities in reference to use if more than one group desires to use the facility at the same time:

- 1. Physical education instruction*
- 2. By the team sports, which are in season*
- 3. Conditioning programs for athletes not currently out for a sport*
- 4. Summer conditioning programs*
- 5. Community Members*

SECTION TWO: SCHOOL SPONSORED ACTIVITIES

Athletic Teams

Basketball (boys and girls)

Football

Track (boys and girls)

Volleyball

Wrestling

Band

The school district sponsors marching band and pep band in addition to concert band. Participants must be enrolled in band class in order to be eligible to participate in these groups.

Cheer Squad

Any high school student is eligible to tryout for cheerleading. The number of cheerleaders will be determined by the administration. Participants are selected by the sponsor(s) or judges appointed by the sponsor. Members of the cheer squad will attend all home and selected away athletic contests. Since cheerleaders are in the "spotlight" of the community, it is important that they be good representatives. Their goal should be to inspire school spirit and enthusiasm in the student body.

Future Farmers of America (FFA)

FFA is an integral part of the agricultural education department and all students of that department are urged to belong. The activities include training in leadership, opportunities for travel and recreation, and safety and community service activities. Students may participate in field trips, conventions, judging contests, and hands-on experience.

Letter Club

Any student who has lettered in any sport is eligible for membership. The purpose of the Club is to stimulate and encourage sportsmanship and to assist in bringing about a closer bond between students in all sports.

National Honor Society

The National Honor Society is a national organization that recognizes student character, scholarship, leadership, and service to the school.

Student members shall be selected from the junior and senior classes by the high school faculty. Ten percent of the Junior and Senior classes will be selected each year. The results of the selection will be announced at an honors convocation.

Student Government (STUCO)

The purpose of student government is to arouse the spirit of loyalty toward the school, to promote good citizenship, to sponsor school activities, to extend the spirit of good fellowship throughout the student body, to foster a spirit of cooperation between the students and faculty, and to seek to develop a spirit of cooperation, goodwill, and better understanding with other schools. The organization, operation, and scope of the student government shall be administered by the Superintendent or designee.

Speech Team

Students compete in 12 different categories of competition. These include debate, current events speaking, and several theatre-type acting events.

Student Publications

The yearbook is published by the Journalism class along with the help of its teacher. The annual is financed partially by funds raised from the sale of the books.

SECTION THREE: NEBRASKA STATE ACTIVITY ASSOC. (NSAA) RULES

ELIGIBILITY

In order to represent a high school in interscholastic athletic competition, a student must abide by eligibility rules of the Nebraska School Activities Association. Eligibility requirements are established by the NSAA in its Constitution and its Bylaws and Approved Rulings. These documents can be found online at <http://nsaahome.org/yearbook.php>. A summary of the major rules is given below. Contact the principal, activities director or the activity sponsor or coach for an explanation of the complete rule.

1. Student must be a *bona fide* student of their member school and have not graduated from any high school.
2. After a student's initial enrollment in grade nine, he/she shall be ineligible after eight semesters of school membership beginning with his/her enrollment in grade nine.
3. Student is ineligible if nineteen years of age before August 1 of current school year. (Student in grades 7 or 8 may participate on a high school team if he/she was 15 years of age prior to August 1 of current school year.)
4. Student must be enrolled in some high school on or before the eleventh school day of the current semester.
5. Student must be continually enrolled in at least ten credit hours per semester and regular in attendance, in accordance with the school's attendance policy at the school he/she wishes to represent in interscholastic competition.
6. In the immediately preceding semester, the student must have been enrolled in and received credit for ten hours of credit that have been reviewed and approved by the school he/she wishes to represent in interscholastic competition.
7. Guardianship does not fulfill the definition of a legal parent. If a guardian has been appointed for a student, the student is eligible in the school district where his/her legal parent(s) have their domicile. Individual situations involving guardianship may be submitted to the Executive Director for review and a ruling.
8. A student entering grade nine for the first time after being promoted from grade eight of a two-year junior high, or a three-year middle school, or entering a high school for the first time after being promoted to grade ten from a three-year junior high school is eligible. After a student makes an initial choice of high schools, any subsequent transfer, unless there has been a change of domicile by his/her parents, shall render the student ineligible for ninety school days. If a student has participated on a high school team at any level as a seventh, eighth, or ninth grade student, he/she has established his/her eligibility at the high school where he/she participated. If the student elects to attend another high school upon entering ninth or tenth grade, he/she shall be ineligible for ninety school days.
9. Student eligibility related to domicile can be attained in the following manners:

a. If the change in domicile by the parents occurs during a school year, the student may remain at the school he/she is attending and be eligible until the end of the school year or transfer to a high school located in the school district where the parents established their domicile and be eligible.

b. If the domicile is changed during the summer months and the student is in grade twelve and the student has attended the high school for two or more years, the student may remain at the high school he/she has been attending and retain eligibility.

c. If a student elects to remain at the same high school initially enrolled after being promoted from grade eight of a middle or junior high school, or grade nine of a junior high school, he/she is eligible at that school, or is eligible at a high school located within the school district in which the parents established their domicile.

d. If the legal parents of a student change their domicile from one school district that has a high school to another school district that has a high school, the student shall be eligible immediately in the school district where the parents established their domicile.

10. Nebraska transfer students whose name appears on the NSAA transfer list prior to May 1 shall be eligible immediately in the fall. Those students whose name does not appear on the NSAA transfer list prior to May 1 shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.

11. Nebraska transfer students must have signed and delivered all forms necessary to make such transfer to the school in which he/she intends to enroll for the 2017-18 school year prior to May 1, 2017; for the student to be eligible, the school to which the transfer is being made must have notified the NSAA office via an NSAA online transfer form, no later than May 1, 2017. The student would become ineligible for ninety school days the next fall if the student were to change his/her mind and decide not to transfer. If such student were to transfer to the new school, but later decides to return to his/her former district before 90 school days have elapsed, such student will be ineligible in the former district for 90 school days, with the ineligibility period commencing at the start of the fall semester. Those students who did not have their enrollment forms signed, delivered, and accepted prior to May 1, 2017, shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.

12. Once the season of a sport begins, a student shall participate in practices and compete only in athletic contests/meets in that sport, which are scheduled by his/her school. Any other competition will render the student ineligible for a portion of, or all of, the season in that sport. The season of a sport begins with the first date of practice as permitted by NSAA rules

13. During the season of a particular sport, athletes participating in that sport for a high school may attend, but may not physically take part, either as an individual or as a member of a team, in the sport activity in which instruction is being offered in the clinic, camp, or school. (*Refer to NSAA Bylaw 3.5.1.1 for exception in Swimming and Diving.)

14. A student shall not participate on an all-star team while a high school undergraduate.

15. A student must maintain his/her amateur status.

ENROLLMENT OPTION STUDENT / TRANSFER STUDENT ELIGIBILITY

This rule addresses the eligibility of Enrollment Option students and other students who transfer schools without the legal parents/guardians changing their residence (domicile).

Nebraska Students who complete transfer requirements/enrollment paperwork on or before May 1 and whose names are submitted to the NSAA by May 1 as Nebraska transfer students shall be immediately eligible in the fall at the school to which they transfer. If the Nebraska student were to later change his/her mind and not transfer, that Nebraska student would be ineligible for 90 school days at the Nebraska school in which he/she attends. If such Nebraska student were to transfer to the new Nebraska school, but later decides to return to his/her former district before 90 school days have elapsed, such Nebraska student will be ineligible in the former district for 90 school days, with the ineligibility period commencing at the start of the fall semester. Or, in the case of the Nebraska student who transfers and attends the new Nebraska school before the start of the semester but whose name is submitted on the May 1 transfer list, such Nebraska student would be ineligible for 90 school days commencing at the same time the Nebraska student began attending the transfer school.

2.7.8.2 Those Nebraska students whose transfer has not been reported to the NSAA by May 1, shall be ineligible for 90 school days, with such transfers being subject to hardship waiver guidelines.

2.7.8.3 Such Nebraska transfer students may transfer under this rule one time during their high school years, unless there is a change of domicile by the legal parent. Such Nebraska students who transfer a subsequent time without a change of domicile by the legal parent shall be ineligible for varsity competition for 90 school days.

NSAA SPORTSMANSHIP RULES

Students must abide by the Nebraska School Activities Association Sportsmanship Rules.

A complete copy of these rules can be found at

<http://www.nsaahome.org/nsaaforms/pdf/manualsp.pdf>. Unsportsmanlike conduct shall include physical or verbal assault upon any participant, game official, or spectator, or any acts that may endanger the personal safety of individuals involved, or acts which hinder the normal progress of a contest or lead to the restriction or discontinuance of a contest.

If a student, participant, patron, and/or staff member representing a member school acts in a manner constituting unsportsmanlike behavior during competition the member school and/ or individuals shall be subject to penalties. A student, participant, patron, and/or staff member may not be permitted to attend activities if involved in unsportsmanlike conduct.

SECTION FOUR: CODE OF CONDUCT

All students associated with Leyton Public Schools and participating in extracurricular or school sponsored activities (including all NSAA activities) are required to avoid conduct that is detrimental to the integrity of, and public confidence in, the school. Rules promoting lawful,

ethical, and responsible conduct serve the interests of all people associated with the school. Illegal and irresponsible conduct puts people at risk, tarnishes the reputation of the offender and everyone else associated with the school, and undermines the public support and respect of the school district.

Standard of Conduct. Participation in school-sponsored or extracurricular activities is a privilege and not a right. Participants must follow board policy, this code, and all the training rules and rules of conduct of the coaches and/or activity sponsors. Students participating in school-sponsored or extracurricular activities are held to a high standard. Students are expected to conduct themselves in a way that is lawful, responsible, promotes the values upon which the school is based, and that brings credit to themselves and the school. Students who fail to live up to the required standard of conduct are guilty of detrimental conduct and subject to discipline under all school policies, the general student code of conduct, and these Activity Participation Rules.

Coach and Sponsor Rules. Coaches and/or activity sponsors shall establish training rules or rules of conduct for participation in or attendance at the activity or event. General training rules or rules of conduct shall be established prior to the activity or event. This Code shall control in the event that there is a conflict with coach or sponsor rules.

Prohibited Conduct. Students in school-sponsored and/or extracurricular activities may not engage in the following conduct:

- 1. Receipt of a criminal citation by law enforcement for any reason.*
- 2. Conviction of a crime in adult court or the adjudication of a criminal charge in juvenile court.*
- 3. Any behavior that is illegal under the laws of Nebraska or the United States of America regardless of whether it results in a criminal charge or conviction.*
- 4. Any conduct that substantially interferes with the educational process or disrupts the activity or event.*
- 5. Possession, use, distribution, or being at parties in the presence of alcohol, illicit drugs, tobacco (including e-cigarettes), or controlled substances, or any lookalike or imitations thereof, without parental supervision, or being under the influence of alcohol, illicit drugs, tobacco (including e-cigarettes), or controlled substances, or any lookalike or imitations thereof. "Lookalike or imitations" means substances such as K2 and products like electronic cigarettes, vapor pens, etc. (Note: the term "under the influence" for school purposes has a less strict meaning than it does under criminal law; for school purposes, the term means any level of impairment and includes even the odor of alcohol on the breath or person of a student; also, it includes being impaired by reason of the use or abuse of any substance for the purpose of*

inducing a condition of intoxication, stupefaction, depression, giddiness, paralysis, inebriation, excitement, or irrational behavior, or in any manner changing, distorting, or disturbing the auditory, visual, mental, or nervous processes).

6. Engaging in initiations, defined as any ritualistic expectations, requirements, or activities placed upon new members of a school organization for the purpose of admission into the organization, even if those activities do not rise to the level of “hazing” as defined below. Initiations are prohibited except by permission of the superintendent.

7. Engaging in hazing as defined by state law and this policy. Hazing is defined as any activity by which a person intentionally or recklessly endangers the physical or mental health or safety of an individual for the purpose of initiation into, admission into, affiliation with, or continued membership in any school organization. Under state criminal law, hazing activities include, but are not limited to, whipping, beating, branding, an act of sexual penetration, an exposure of the genitals of the body done with the intent to affront or alarm any person, a lewd fondling or caressing of the body of another person, forced and prolonged calisthenics, prolonged exposure to the elements, forced consumption of any food, liquor, beverage, drug, or harmful substance not generally intended for human consumption, prolonged sleep deprivation, or any brutal treatment or the performance of any unlawful act that endangers the physical or mental health or safety of any person. For purposes of school rules, hazing also includes any activity expected of someone joining a group, team, or activity that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate; personal servitude; restrictions on personal hygiene; yelling, swearing and insulting new members/rookies; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such on one's skin; binge drinking and drinking games; sexual simulation and sexual assault.

8. Bullying which shall include cyber-bullying, defined as the use of the internet, including but not limited to social networking sites such as Facebook, cell phones or other devices to send, post, or text message images and material intended to hurt or embarrass another person. This may include, but is not limited to; continuing to send email to someone who has said they want no further contact with the sender; sending or posting threats, sexual remarks, or pejorative labels (i.e., hate speech); ganging up on victims by making them the subject of ridicule in forums; posting false statements as fact intended to humiliate the victim; disclosure of personal data, such as the victim's real name, address, or school at websites or forums; posing as the identity of the victim for the purpose of publishing material in their name that defames or ridicules them; sending threatening and harassing text, instant messages, or emails to the victims; and posting or sending rumors or gossip to instigate others to dislike and gang up on the target.

9. Using any Internet or social networking websites to make statements, post pictures, or take any other actions that are indecent, vulgar, lewd, slanderous, abusive, threatening, harassing, or terrorizing.

10. *Violating any school policy or a coach's or activity sponsor's training rules or rules of conduct.*
11. *Dressing or grooming in a manner which is (A) dangerous to the student's health and safety or a danger to the health and safety of others, (B) lewd, indecent, vulgar, or plainly offensive, (C) materially and substantially disruptive to the work and discipline of the school or an extracurricular activity, (D) interpreted to advocate the use of illegal drugs or other substances by a reasonable observer.*
12. *Failing to report for an activity at the beginning of a season unless excused by the coach or activity sponsor.*
13. *Failing to attend scheduled practices and meetings unless excused by the coach or activity sponsor.*

Such conduct is prohibited during the school year, regardless of whether it occurs on-campus or off-campus. School year means the period commencing on the first day of fall sports practice through the last day of spring sports practice, events, or attendance at school for a given school year.

Discipline. Students who violate any provision of these Activity Participation Rules may be subject to discipline up to and including expulsion from extracurricular activities and school sponsored events. Disciplinary action may include a probationary period and conditions that must be satisfied prior to or following reinstatement. Administrators and coaches will take the following into consideration when making disciplinary decisions:

1. *Any prior or additional misconduct;*
2. *The nature and seriousness of the offense;*
3. *The motivation for the offense;*
4. *The amount of violence involved;*
5. *The student's demeanor and attitude regarding the violation;*
6. *The actual, threatened, or potential risk to the student and others due to the student's behavior;*
7. *Whether the student has compensated or will compensate the victim in the event of property damage or personal injury;*
8. *Whether the circumstances of the violation are likely to recur;*
9. *The student's willingness to participate in evaluations, counseling, or other programs;*
10. *Any mitigating factors;*
11. *Any other relevant factors.*

If suspended, the student must continue to participate in practices and conditioning during the suspension if required by the coach or activity sponsor. The failure to comply with the practice and conditioning requirement will make the student ineligible for reinstatement to the activity.

Leyton Jr. High & High School Discipline Chart

<i>Level III Violations</i>	<i>First Offense</i>	<i>Second Offense</i>	<i>Third Offense</i>	<i>Additional Offenses</i>
<i>Carrying, Display or Possession of any weapon or dangerous object.</i>	<i>Immediate recommendation for expulsion, police and parents notified. Felony Offense</i>			
<i>Physical aggression toward or assault on faculty or staff.</i>	<i>Immediate recommendation for expulsion, police and parents notified.</i>			
<i>Use, possession, or distribution of illicit drugs on school property.</i>	<i>Immediate recommendation for expulsion, police and parents notified.</i>			
<i>Arson</i>	<i>Immediate recommendation for expulsion, police and parents notified.</i>			
<i>School Security Threat. State Statute 28-907</i>	<i>3-10 days OSS, possible recommendation for expulsion, police and parents notified: Misdemeanor Offense</i>			
<i>Verbal aggression or assault of faculty or staff</i>	<i>3-10 days OSS, possible recommendation for expulsion, police and parents notified.</i>			
<i>Assault or battery of another person</i>	<i>3-10 days OSS, possible recommendation for expulsion, police and parents notified.</i>			
<i>Fighting &/or inciting a fight with another student</i>	<i>3-10 days OSS, parents and police notified</i>	<i>10 days OSS, possible recommendation for expulsion, police and parents notified.</i>		
<i>Violent behavior or threats</i>	<i>1-3 days OSS, parents and police notified</i>	<i>3-10 days OSS, parents and police notified</i>	<i>3-10 days OSS, possible recommendation for expulsion, police and parents notified.</i>	
<i>Theft, burglary, vandalism or extortion</i>	<i>1-3 days OSS, parents and police notified</i>	<i>3-10 days OSS, parents and police notified</i>	<i>3-10 days OSS, possible recommendation for expulsion, police and parents notified.</i>	

<i>Possession and/or use of tobacco (including e-cigarettes) and/or alcohol on school grounds or any school activity (home or away)</i>	<i>3-5 days OSS, parents and police notified</i>	<i>7-10 days OSS, parents and police notified</i>	<i>10 days OSS, possible recommendation for expulsion, police and parents notified.</i>	
<i>Gross Insubordination</i>	<i>1 day OSS, parents notified</i>	<i>1 day OSS, parents notified</i>	<i>3-5 days OSS, parents notified</i>	<i>5-10 days OSS, parents notified</i>
<i>Sexual Harassment</i>	<i>1-3 days OSS, parents and police notified</i>	<i>3-10 days OSS, parents notified</i>	<i>3-10 days OSS, parents notified</i>	<i>Possible recommendation for expulsion</i>
<i>Bullying and/or hazing (including text messages and social media posts)</i>	<i>Bullying report, parents notified, 2 days 30 min. detention</i>	<i>1 day OSS, parents notified</i>	<i>3-10 days OSS, possible recommendation for expulsion, parents notified (and possibly police)</i>	
<i>Level II Violations</i>	<i>First Offense</i>	<i>Second Offense</i>	<i>Third Offense</i>	<i>Additional Offenses</i>
<i>Use of profanity, vulgarity, or abusive language. (May be moved to Level III violation depending on severity.)</i>	<i>30 min. Detention</i>	<i>1 Day ISS</i>	<i>2-3 Days ISS</i>	<i>3-5 Days OSS</i>
<i>Willful Disobedience</i>	<i>30 min. Detention</i>	<i>1 Day ISS</i>	<i>2-3 Days ISS</i>	<i>3-5 Days OSS</i>
<i>Physical Contact (Not Fighting)</i>	<i>30 min. Detention</i>	<i>1 Day ISS</i>	<i>2 Days OSS</i>	<i>1 Day OSS</i>
<i>Truancy</i>	<i>30 min. Detention</i>	<i>1 Day ISS</i>	<i>2-3 Days ISS</i>	<i>3-5 Days OSS</i>
<i>Defacing School Property</i>	<i>30 min. Detention</i>	<i>1 Day OSS</i>	<i>2-3 Days OSS</i>	<i>3-5 Days OSS</i>
<i>Habitually Tardy (5 or more excused or unexcused tardies per semester)</i>	<i>One 30 min. Detention & Parents Notified</i>	<i>Two 30 min. Detentions & Parents Notified</i>	<i>1 Day ISS & Parents Notified</i>	<i>Parent Meeting/Attendance Plan</i>
<i>Copyright Infringement (Copies will be retained at Leyton JH/HS for duration of enrollment)</i>	<i>1 day ISS, parents notified, redo assignment</i>	<i>1-3 days ISS, redo assignment, complete three page paper on academic ethics,</i>	<i>1-5 days OSS, redo assignment, parents notified</i>	<i>Possible removal from the course with no credit</i>

		parents notified		
<i>Cheating</i>	<i>Redo assignment or complete a similar assignment and 30 min. detention.</i>	<i>1-3 days ISS, redo assignment or complete a similar assignment, parents notified</i>	<i>1 day OSS, redo assignment, parents notified</i>	<i>1-5 days OSS, redo assignment, parents notified and possible removal from the course with no credit</i>
<i>Cell Phone Violation</i>	<i>Phone Confiscated, Student May Retrieve from Principal after School</i>	<i>Phone Confiscated, Parent Must Retrieve from Principal</i>	<i>1 day ISS, parents notified</i>	<i>1 day OSS, parents notified</i>
<i>Dress Code Violation</i>	<i>Correct violation. If violation is not corrected, behavior will be considered willful disobedience.</i>	<i>30 min. Detention, parents notified</i>	<i>Treated as Willful Disobedience</i>	<i>Treated as Gross Insubordination</i>
<i>Bus Riding (Route or activity)</i>	<i>Correct violation. If violation is not corrected, behavior will be considered willful disobedience.</i>	<i>30 min. Detention, parents notified</i>	<i>Treated as Willful Disobedience</i>	<i>Treated as Gross Insubordination</i>
<i>Public Displays of Affection</i>	<i>Correct violation. If violation is not corrected, behavior will be considered willful disobedience.</i>	<i>30 min. Detention, parents notified</i>	<i>Treated as Willful Disobedience</i>	<i>Treated as Gross Insubordination</i>
<i>Food/Drinks (excluding Water) in Lockers and/or on Carpeted Areas</i>	<i>Correct violation. If violation is not corrected, behavior will be considered willful disobedience.</i>	<i>30 min. Detention, parents notified</i>	<i>Treated as Willful Disobedience</i>	<i>Treated as Gross Insubordination</i>
<i>Level I Violations</i>	<i>First Offense</i>	<i>Second Offense</i>	<i>Third Offense</i>	<i>Additional Offenses</i>
<i>Classroom Issues/Discipline/Disruption</i>	<i>Refer to teacher's syllabi and/or posted classroom rules</i>			

Evaluation, Counseling, and Treatment. Apart from any other disciplinary procedures, students who violate any provision of these rules may be required to undergo a formal clinical evaluation at the administration's/coach's/sponsor's discretion. Based upon the results of that evaluation, the student may be encouraged or required to participate in an education program, counseling, or other treatment deemed appropriate by the evaluating professional.

Reporting of Incident. Students shall report any violation of these rules to the coach, principal, or superintendent no later than 24 hours after the violation has occurred. Failure to report an incident will constitute a violation of these rules and will be taken into consideration in making disciplinary determinations under this policy.

Discipline Procedures. Prior to any disciplinary action under this activities code, the following procedures shall be followed:

1. *The coach or activity sponsor shall make an investigation of alleged violation and provide an opportunity for the student to present his or her version of the facts surrounding the alleged violation.*
2. *The student and his/her parent or guardian shall be given oral or written notice of the information obtained as a result of the investigation and provided an opportunity to confer with the coach or sponsor and building principal or activities director regarding the incident and any resulting disciplinary action.*
3. *The coach or activity sponsor shall make a decision regarding disciplinary action after steps 1 and 2 have been followed and shall report to and consult with the principal regarding the decision.*
4. *The student or the student's parents will be given written notice of the disciplinary action taken within a reasonable amount of time by the activity sponsor.*

Review of Coach's Decision. A student or the student's parents may, within 5 school days of the notice of disciplinary action from the coach or activity sponsor, notify the superintendent in writing of their request for a review of the coach or activity sponsor's determination. The superintendent or his or her designee shall review the situation and render a decision within 3 school days from the date of the request for review. The superintendent's decision shall be in writing and shall be final.

Misrepresentations. Any misrepresentation of fact by a student regarding any alleged violation of these rules shall be considered a separate violation of these rules, and the student shall be subject to additional disciplinary action.

Questions. Any parent or student who has questions about board policy, this code, training rules, or rules of conduct of coaches or activity sponsors, or their interpretation or application shall consult with the activities director and/or the superintendent.

Assistance. Students are encouraged to consult with their coach, an administrator, a counselor, or a teacher to obtain access to educational, counseling, and other programs and resources that may be available to help avoid misconduct that may result in discipline under this policy.

A Parent's Guide to Concussions

WHAT IS A CONCUSSION?

A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. An athlete does not have to lose consciousness ("knocked-out") to suffer a concussion.

CONCUSSION FACTS

- It is estimated that more than 140,000 high school athletes across the United States suffer a concussion each year. (Data from NFHS Injury Surveillance System).
- Concussions occur most frequently in football, but girl's lacrosse, girls' soccer, boy's lacrosse, wrestling, and girls' basketball follow closely behind. All athletes are at risk.
- A concussion is a traumatic injury to the brain.
- Concussion symptoms may last from a few days to several months.
- Concussions can cause symptoms that interfere with school, work, and social life.
- Athletes who have symptoms from a concussion should not return to sports because they are still at risk for prolonging symptoms and further injury.
- A concussion may cause multiple symptoms. Many symptoms appear immediately after the injury, while others may develop over the next several days or weeks. The symptoms may be subtle and are often difficult to fully recognize.

WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

Signs Observed by Parents or Guardians

- § Appears dazed or stunned
- § Is confused about assignment or position
- § Forgets an instruction
- § Is unsure of game, score, or opponent
- § Moves clumsily
- § Answers questions slowly
- § Loses consciousness (even briefly)
- § Shows behavior or personality changes
- § Can't recall events prior to hit or fall
- § Can't recall events after hit or fall

Symptoms Reported by Athlete

- § Headache or “pressure” in head
- § Nausea or vomiting
- § Balance problems or dizziness
- § Double or blurry vision
- § Sensitivity to light or noise
- § Feeling sluggish, hazy, foggy, or groggy
- § Concentration or memory problems
- § Confusion
- § Does not “feel right”

WHAT SHOULD I DO IF I THINK MY CHILD HAS HAD A CONCUSSION?

An athlete who is suspected of having a concussion must be removed from play immediately, whether it is in a game or practice. Continuing to participate in physical activity after a concussion can lead to worsening concussion symptoms, increased risk of further injury, and even death. Parents and coaches are not expected to be able to “diagnose” a concussion, as that is the job of a medical professional. However, they must be aware of the signs and symptoms of a concussion and if they are suspicious, the child must stop playing:

WHEN IN DOUBT – SIT THEM OUT!

Every athlete who sustains a concussion needs to be evaluated by a health care professional who is familiar with sports concussions. Parents should call their child's physician, explain what has

happened, and follow the physician's instructions. A child who is vomiting, has a severe headache, or has difficulty staying awake or answering simple questions should be taken to the parent's doctor or emergency room immediately.

WHEN MAY AN ATHLETE RETURN TO PLAY FOLLOWING A CONCUSSION?

No athlete who has suffered a concussion should return to play or practice the same day. Previously, athletes were allowed to return to play if their symptoms resolved within 15 minutes of the injury. Studies have shown that the young brain does not recover quickly enough for an athlete to return to activity in such a short time.

Concerns about athletes who return to play too quickly have led state lawmakers in Oregon and Washington to pass laws stating that no athlete shall return to play on the day he or she suffered a concussion and the athlete must be cleared by an appropriate health care professional before he or she are allowed to return to play in games or practices. The laws also mandate that coaches receive education on recognizing the signs and symptoms of concussion.

Once an athlete is free of symptoms of a concussion and is cleared to return to play by a healthcare professional knowledgeable in the care of sports concussions, he or she should proceed with activity in a stepwise fashion to allow the brain to readjust to exertion. On average, the athlete will complete a new step each day. The return-to-play schedule should proceed as below following medical clearance:

Step 1: Light exercise, including walking or riding an exercise bike. No weight-lifting.

Step 2: Running in the gym or on the field. No helmet or other equipment.

Step 3: Non-contact training drills in full equipment. Weight training can begin.

Step 4: Full contact practice or training.

Step 5: Game play.

If symptoms occur at any step, the athlete should cease activity and be re-evaluated by a health care provider.

HOW CAN A CONCUSSION AFFECT SCHOOLWORK?

Following a concussion, many athletes will have difficulty in school. These problems may last from days to months and often involve difficulties with short and long-term memory, concentration, and organization.

In many cases, it is best to reduce the athlete's class load after the injury. This may include staying home from school for a few days, followed by a lightened schedule for a few days or perhaps a longer period of time if needed. Decreasing the stress on the brain soon after a concussion may reduce symptoms and shorten the recovery period.

WHAT CAN YOU DO?

- Both you and your child should learn to recognize the “Signs and Symptoms” of a concussion as listed above.
- Emphasize to administrators, coaches, teachers, and other parents your concerns and expectations about concussion and safe play.
- Teach your child to tell the coaching staff if he or she experiences such symptoms.
- Teach your child to tell the coaching staff if he or she suspects that a teammate has a concussion.
- Monitor sports equipment for safety, fit, and maintenance.
- Ask teachers to monitor any decrease in grades or changes in behavior that could indicate concussion.
- Report concussions that occurred during the school year to appropriate school staff. This will help in monitoring injured athletes as they move to the next season's sports.

OTHER FREQUENTLY ASKED QUESTIONS:

Why is it so important that an athlete not return to play until they have completely recovered from a concussion?

An athlete who has not fully recovered from an initial concussion is very vulnerable to recurrent, cumulative, and even catastrophic consequences of a second concussive injury. Such difficulties are prevented if the athlete is allowed time to recover from the concussion and return-to-play decisions are carefully made. No athlete should return to sport or other at-risk participation when symptoms of a concussion are present and recovery is ongoing.

Is a “CT scan” or MRI needed to diagnose a concussion?

Diagnostic testing which includes CT (“CAT”) and MRI scans are rarely needed following a concussion. While these are helpful in identifying life-threatening brain injuries (e.g., skull fracture, bleeding, swelling), they are not normally used, even by athletes who have sustained severe concussions. A concussion is diagnosed based upon the athlete's story of the injury and the health care provider's physical examination.

What is the best treatment to help my child recover more quickly from a concussion?

The best treatment for a concussion is rest. There are no medications that can speed the recovery from a concussion. Exposure to loud noises, bright lights, computers, video games, television, and phones (including text messaging) may exacerbate the symptoms of a concussion. You should allow your child to rest as much as possible in the days following a concussion. As the symptoms decrease, you may allow increased use of computers, phone, video games, etc., but the access must be reduced if symptoms worsen.

How long do the symptoms of a concussion usually last?

The symptoms of a concussion will usually go away within one week of the initial injury. You should anticipate that your child will likely be out of sports for about two weeks following a concussion. However, in some cases, symptoms may last for several weeks or even months. Symptoms such as headache, memory problems, poor concentration, and mood changes can interfere with school, work, and social interactions. The potential for such long-term symptoms indicates the need for careful management of all concussions.

How many concussions can an athlete have before he or she should stop playing sports?

There is no “magic number” of concussions that determine when an athlete should give up playing contact or collision sports. The circumstances surrounding each individual injury, such as the way the injury happened and length of symptoms following the concussion are very important and must be considered when assessing the athlete’s risk for further and potentially more serious concussions. The decision to “retire” from sports is a decision best reached following a complete evaluation by your child’s primary care provider and consultation with a physician or neuropsychologist who specializes in treating sports concussion.

I’ve read recently that concussions may cause long-term brain damage in professional football players. Is this a risk for high school athletes who have had a concussion?

The issue of “chronic encephalopathy” in several former NFL players has received a great deal of media attention lately. Very little is known about what may be causing dramatic abnormalities in the brains of these unfortunate retired football players. At this time, we have very little knowledge of the long-term effects of concussions that happen during high school athletics.

In the cases of the retired NFL players, it appears that most had long careers in the NFL after playing in high school and college. In most cases, they played football for over 20 years and suffered multiple concussions in addition to hundreds of other blows to their heads. Alcohol and steroid use may also be contributing factors in some cases. Obviously, the average high school athlete does not come close to suffering the total number or sheer force of head trauma seen by professional football players. However, the fact that we know very little about the long-term effects of concussions in young athletes is further reason to carefully manage each concussion.

Adapted from A Parent's Guide to Concussion in Sports, National Federation of High School Associations.

Some of this information has been adapted from the CDC's "Heads Up: Concussion in High School Sports" materials by the NFHS's Sports Medicine Advisory Committee. Please go to www.cdc.gov/ncipc/tbi/Coaches_Tool_Kit.htm for more information.

AUTHORIZATION AND ACKNOWLEDGEMENT

WARNING: SERIOUS CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION

Many forms of athletic competition result in violent physical contact among players, the use of equipment that may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury. Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will eliminate these risks. Students have suffered accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment while playing sports. By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

I understand the statement above and I understand that by allowing my student to participate in athletic events, I assume the risk that he/she may be injured, perhaps severely.

Signature of Parent

Printed Name of Parent

Date

ACKNOWLEDGEMENT OF CONDUCT CODE

I understand that as a student representing the school district in activities, I am obligated to comply with the athletic handbook, including the code of conduct. This means that I may not possess, use, or be at parties in the presence of alcohol, illicit drugs, or controlled substances at any time during the school term unless I am accompanied by a parent. I understand that if I violate the code of conduct or other rules in this handbook, I may be suspended from participation in all co-curricular activities and/or school sponsored activities or events.

Signature of Student

Printed Name of Student

Date

I understand that my student is obligated by this handbook, including the statements above.

Signature of Parent

Printed Name of Parent

Date

**LEYTON PUBLIC SCHOOLS
BOARD OF EDUCATION POLICY #6034**

Concussion Awareness

The Nebraska Unicameral has found that concussions are one of the “most commonly reported injuries in children and adolescents who participate in sports and recreational activities and that the risk of catastrophic injury or death is significant when a concussion or brain injury is not properly evaluated and managed.”

The School District will:

- a. Require all coaches and trainers to complete one of the following on-line courses on how to recognize the symptoms of a concussion or brain injury and how to seek proper medical treatment for a concussion or brain injury:
 - Heads UP Concussions in Youth Sports
 - *Concussion in Sports—What You Need to Know*
 - *Sports Safety International*
 - *ConcussionWise*
 - *ACTive™ Athletic Concussion Training for Coaches; and*
- b. On an annual basis provide concussion and brain injury information to students and their parents or guardians prior to such students initiating practice or competition. This information will include:
 - 1 The signs and symptoms of a concussion;
 - 2 The risks posed by sustaining a concussion; and
 - 3 The actions a student should take in response to sustaining a concussion, including the notification of his or her coaches.

A student who participates on a school athletic team must be removed from a practice or game when he/she is reasonably suspected of having sustained a concussion or brain injury in such practice or game after observation by a coach or a licensed health care professional who is professionally affiliated with or contracted by the school. The student will not be permitted to participate in any school supervised team athletic activities involving physical exertion, including practices or games, until the student:

- a. has been evaluated by a licensed health care professional;
- b. has received written and signed clearance to resume participation in athletic activities from the licensed health care professional; and
- c. has submitted the written and signed clearance to resume participation in athletic activities to the school accompanied by

written permission to resume participation from the student's parent or guardian.

If a student is reasonably suspected after observation of having sustained a concussion or brain injury and is removed from an athletic activity, the parent or guardian of the student will be notified by the school of:

- a. the date and approximate time of the injury suffered by the student,
- b. the signs and symptoms of a concussion or brain injury that were observed, and
- c. any actions taken to treat the student.

The school district will not provide for the presence of a licensed health care professional at any practice or game.

School officials shall deem the signature of an individual who represents that he/she is a licensed health care professional on a written clearance to resume participation that is provided to the school to be conclusive and reliable evidence that the individual who signed the clearance is a licensed health care professional. The school will not take any additional or independent steps to verify the individual's qualifications.

Students who have sustained a concussion and returned to school may need informal or formal accommodations, modifications of curriculum, and monitoring by medical or academic staff until the student is fully recovered. The school's "return to learn protocol" shall be the guidance provided by the Nebraska Department of Education entitled "Bridging the Gap from Concussion to the Classroom," and accompanying materials and future supplements. Nothing in this policy or the referenced protocol shall entitle a student who has sustained a concussion to an individualized plan under Section 504 of the Rehabilitation Act, although staff will refer students who have sustained a concussion for evaluation under Section 504 as appropriate.

Adopted on: July 9, 2012

Revised on: February 12, 2018

Reviewed on: _____

**LEYTON PUBLIC SCHOOLS
BOARD OF EDUCATION POLICY #5045**

Student Fees

The school district shall provide free instruction in accordance with the Nebraska State Constitution and the Nebraska statutes. The district also provides activities, programs, and services that extend beyond the minimum level of constitutionally required free instruction. Under the Public Elementary and Secondary Student Fee Authorization Act, the district is permitted to charge students fees for these activities or to require students to provide specialized equipment and attire for certain purposes. This policy is subject to further interpretation or guidance by administrative or board regulations. Students are encouraged to contact their building administration, their teachers or their coaches, and sponsors for further specifics.

A. Definitions.

1. "Students" means students, their parents, guardians or other legal representatives.
2. "Extracurricular activities" means student activities or organizations that (1) are supervised or administered by the district; (2) do not count toward graduation or advancement between grades; and (3) are not otherwise required by the district.
3. "Post-secondary education costs" means tuition and other fees associated with obtaining credit from a post-secondary educational institution.

B. Listing of Fees Charged by this District.

1. **Guidelines for Clothing Required for Specified Courses and Activities.**

Students are responsible for complying with the district's grooming and attire guidelines and for furnishing all clothing required for any special programs, courses or activities in which they participate. The teacher, coach, or sponsor of the activity will provide students with written guidelines that detail any special clothing requirements and explain why the special clothing is required for the specific program, course or activity.

2. Safety Equipment and Attire.

The district will provide students with all safety equipment and attire that is required by law. Building administrators will assure that (a) such equipment is available in the appropriate classes and areas of the school buildings, (b) teachers are directed to instruct students in the use of such devices, and (c) students use the devices as required. Students are responsible for using the devices safely and as instructed.

3. Personal or Consumable Items.

The district does not provide students with personal or consumable items for participation in courses and activities including, but not limited to, pencils, paper, pens, erasers and notebooks. Students who wish to supply their own personal or consumable items may do so, as long as those items comply with the requirements of the district. The district will provide students with facilities, equipment, materials and supplies, including books. Students are responsible for the careful and appropriate use of such property. Students will be charged for damage to school property caused by the student and will be held responsible for the reasonable replacement cost of any school property that they lose.

4. Materials Required for Course Projects.

The district will provide students with the materials necessary to complete all basic curricular projects. In courses where students choose to produce a project that requires materials beyond the basic materials provided by the district, the students will furnish the materials, purchase the materials from the school, or purchase the materials from an outside vendor with an order form provided by the school.

5. Extracurricular Activities.

The district may charge students a fee to participate in extracurricular activities to cover the district's reasonable costs in offering such activities. The district may require students to furnish specialized equipment and clothing that is required for participation in extracurricular activities, or may charge a reasonable fee for the use of district-owned equipment or attire. Attached to this policy is a list of the fees charged for particular activities. The coach or sponsor will provide students with additional written guidelines detailing the fees charged, the equipment and/or clothing required, or the usage fee charged. The guidelines will explain the reasons that fees, equipment and/or clothing are required for the activity.

The following list details the maximum dollar amount of all extracurricular activities fees and the specifications for any equipment or attire required for participation in extracurricular activities:

- Student activity card (K-8th grade) \$20.00

Covers admission to athletic events

- Cheerleading: Students must purchase uniforms and shoes selected by the sponsor and/or student group.
- Football: Students must provide their own football shoes, undergarments, and mouth guards
- Track, Volleyball, Basketball, Wrestling: Students must provide their own shoes and undergarments
- Future Farmers of America: Students must purchase their own jackets and pay dues

6. Post-Secondary Education Costs.

Some students enroll in postsecondary courses while still enrolled in the district's high school. As a general rule, students must pay all costs associated with such post-secondary courses. However, for a course in which students receive high school credit or a course being taken as part of an approved accelerated or differentiated curriculum program, the district shall offer the course without charge for tuition, transportation, books, or other fees. Students who chose to apply for post-secondary education credit for these courses must pay tuition and all other fees associated with obtaining credits from a post-secondary educational institution.

7. Transportation Costs.

The district will charge students reasonable fees for transportation services provided by the district to the extent permitted by federal and state statutes and regulations.

The maximum dollar amount of the transportation fee charged by this district shall be \$100.00.

8. Copies of Student Files or Records.

The district will charge a fee for making copies of a student's files or records for the parents or guardians of such student. The Superintendent or the Superintendent's designee shall establish a schedule of student record fees. Parents of students have the right to inspect and review the students'

files or records without the payment of a fee, and the district shall not charge a fee to search for or retrieve any student's files or records.

The district will charge a fee of \$0.10 per page for reproduction of student records.

9. Charges for Food Consumed by Students.

The district will charge for items that students purchase from the district's breakfast and lunch programs. The fees charged for these items will be set according to applicable federal and state statutes and regulations. The district will charge students for the cost of food, beverages, and the like that students purchase from a school store, vending machine, booster club or from similar sources. Students may be required to bring money or food for field trip lunches and similar activities.

The maximum dollar amount charged by the district for the breakfast and lunch programs is as follows:

- Breakfast Program – Grades K-12
 - Regular Price \$1.50
 - Reduced Price \$.30
- Lunch Program – Grades K-5
 - Regular Price \$2.60
 - Reduced Price \$.40
- Lunch Program – Grades 6-8
 - Regular Price \$2.75
 - Reduced Price \$.40
- Lunch Program – Grades 9-12
 - Regular Price \$2.85
 - Reduced Price \$.40

10. Charges for Musical Extracurricular Activities.

Students who qualify for fee waivers under this policy will be provided, at no charge, the use of a musical instrument in optional music courses that are not extracurricular activities. For musical extracurricular activities, the school district will require students to provide the following equipment and/or attire:

- Band Students must provide their own instruments. Students will be assessed a uniform rental fee to cover the cost of dry cleaning.
- Swing Choir Students must purchase outfits and shoes selected by the sponsor and/or student group.

Class Dues for High School Students

Students may be assessed class dues to cover the cost of class activities such as prom and graduation. Class meetings will be held at the beginning of the school year to determine the amount of class dues. Class dues will be placed on a student's charge account at the beginning of each semester.

Electronic Device Rental

Option 1 – School Device, no take home. There is a lab fee of \$50 per school year with this option. Devices may be shared and cannot be taken home.

Option 2 – Lease to purchase an iPad Pro or Dell Laptop. Lease terms are based on Graduation year, so students will own devices upon graduation. Beginning with the Freshmen in 2017, pricing is \$150.00 paid in 3 equal installments each year. Upperclassmen will pay \$150.00 per year for fewer years for older devices.

1st Payment of each year is due August 15th

2nd Payment of each year is due December 15th

3rd Payment of each year is due March 15th

C. Waiver Policy.

Students who qualify for free or reduced-price lunches under United States Department of Agriculture child nutrition programs shall be provided a fee waiver or be provided the necessary materials or equipment without charge for (1) participation in extracurricular activities, (2) materials for course projects, and (3) the use of a musical instrument in optional music courses that are not extracurricular activities. Actual participation in the free or reduced-price lunch program is not required to qualify for the waivers provided in this section. The district is not obligated to provide any particular type or quality of equipment or other material to eligible students. Students who wish to be considered for waiver of a particular fee must submit a completed fee waiver application to their building principal.

D. Distribution of Policy.

This policy will be published in the Student Handbook or its equivalent that will be provided to students at no cost.

E. Voluntary Contributions to Defray Costs.

The district will, when appropriate, request donations of money, materials, equipment or attire from parents, guardians and other members of the community to defray the costs of providing certain services and activities to students. These requests are not requirements and staff members of the district are directed to clearly communicate that fact to students, parents and patrons.

F. Fund-Raising Activities

Students may be permitted or required to engage in fund-raising activities to support various curricular and extracurricular activities in which they participate. Students who decline to participate in fund-raising activities are not eligible under this policy for waiver of the costs or fees which the fund-raising activity was meant to defray.

Adopted on: January 15, 2009

Revised on: July 10, 2017

Reviewed on: July 9, 2018

NEBRASKA SCHOOL ACTIVITIES ASSOCIATION (“NSAA”)
 Student and Parent Consent Form

School Year: 2017-2018

School: Leyton Public Schools

Name of Student: _____

Date of Birth: _____ Place of Birth: _____

The undersigned(s) are the Student and the Parent(s), Guardian(s), or Person(s) in charge of the above named Student and are collectively referred to as “Parent”.

The Parent and Student hereby:

(1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;

(2) Understand and agree that (a) by this Consent Form the NSAA has provided notification to the Parent and Student of the existence of potential dangers associated with athletic participation; (b) participation in any athletic activity may involve injury of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body’s bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck, and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; and, (d) even with the best coaching, use of the best protective equipment, and strict observance of rules, injuries are still a possibility;

(3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA by-laws and rules interpretations for participation in NSAA sponsored activities, and the activities rules of the NSAA member school for which the Student is participating; and,

(4) Consent and agree to the Student being photographed, videotaped, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.

I acknowledge that I have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities.

DATED this _____ day of _____, _____.

 Name of Student (Print Name)

 Student Signature

(I am)/(We are) the Student’s (circle appropriate choice) (Parent) (Guardian). (I)/(We) acknowledge that (I)/(We) have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities. Having read the warning in paragraph (3) above and understanding the potential risk of injury to my Student, (I)/(We) hereby give (my)/(our) permission for _____ (insert student’s name) to practice and compete for the above named high school in activities approved by the NSAA, except those crossed out below:

Baseball	Golf	Tennis	Play Production	Basketball
Swimming	Track	Speech	Cross Country	Soccer
Volleyball	Music	Football	Softball	Wrestling
Debate	Journalism	FFA		

DATED this _____ day of _____, _____.

 Parent/Guardian Signature

 Parent/Guardian Signature